

AWARDS

1- **Student** of BAMS 3rd year- Mr Shivam Yadav, Mohmd. Mohnish , komal Chauhan and Mansi Tomer participated in the Poster making Competition and Slogan Competition on the occasion of Breast Feeding week celebration., organised by UAU in the Rishikul Govt. Ayurvedic College, Haridwar. . Mr Shivam Yadav participated in the slogan competition on “ Breast Feeding foundation of Life . and won 3rd Prize. and Komal Chauhan participated in the poster Making Competition on “ Myths and Facts regarding Breast Feeding During Covid-19” and won the 2nd Prize. Other Participants were Mansi Tomer and Mohmd. mohnish . All winners and participants were also awarded by the Managing Committee.

2- On Ayurveda National Day, dated 02-tl-2021Quadra Institute of Ayurveda organised **Online Essay Competition on 'Ritucharya Ka Swasthaya Per Prabhay'**, in this competition two participants were selected for **1st and 2nd position** and they have got **3000/-fNR** and **2000/- INR as a prize money**. Those are: **1- Mohd. Monish BAMS,Quadra institute of Ayurveda. 2- Mridulika BAMS, Shivalik Ayurvedic college, Dehradun.**

3- On Ayurveda National Day, dated 02-Lt-202t Quadra Institute of Ayurveda organised online **Poster making Competition** on '**Benefits of Shatchakra** in prospective of Mental Health, **Vasundhara S.M** from **Gow. Ayurvedic College Shivmoga,, Karnataka** got **1s prize-3000 INR** and **Nandini Raj Singh 2019-batch-BAMS, QIA Roorkee** got **2nd prize2000 TNR**