

AWARENESS PROGRAMS

- 1- **On 22 March 2022**, Awareness program on COPD was organised in Quadra Institute of Nursing, Roorkee under the head of **Azadi ka Amrit Mahotsav**. Dr Preeti, Assistant Prof. Prasuti-Stri Rog Deptt, delivered lecture to the Audience .
- 2- **On 24th March 2022**, awareness program was organised at Quadra Institute of Nursing, Roorkee, on the Occasion OF World Tuberculosis Day. The Program was organised by Education Committee of the college under the head of **Azadi Ka Amrit Mahotsav**. On the Occasion, Poster Making Competition was organised.
- 3- **On 28th March 2022**, a rally regarding save environment was organised from Quadra Institute of medical Sciences and Village Belda. Student and staff of Quadra Institute of Ayurveda and Nursing College Participated in the event.
- 4- **On 30-3-2022**, **Tree Plantation** was performed in Quadra Institute of Nursing college, Roorkee. 21 Medicinal plants were planted.
- 5- **On 30 March-2022**, A Lecture on **Oral hygiene** was delivered by Dr Rashmi Agari among the students & staff of BLA Academy. Importance of Oral Hygiene was taught to them.
- 6- **On 5th April 2022**, **Orientation program** on Hygiene was organised in Govt. Primary School, Village Salhapur .
- 7- **On 12 April 2022**, **Tree Plantation** was performed in Rashtriya Inter College, Rohalki-Bahadarabad.
- 8- A lecture on Immunization and Immunity was delivered by Dr. Rashmi at **Oxford School, Roshanabad on 27 April 2022**.
- 9- An **Awareness programm** on menstrual hygiene was organised in Oxford School, Roshanabad on **28th April 2022**.
- 10- A Lecture on **Heat Stroke and its prevention** was delivered by Dr rashmi Agari at Arya Kanya Inter College , Bahadarabad on **30- April 2022**. On the occasion.
- 11- **On dated 18 April 2022**, **Medical camp at Adarsh Bal Sadan Inter college, Bahadarpur Jatt, Haridwar** was organised.
- 12- **Lecture on Dysmenorrhoea** was delivered by Dr Rash mi Agari at Adarsh Bal Sadan Inter college, Bahadarpur Jatt , Haridwar. **On 4th May 2022**..
- 13- **Orientation program** under Azadi ka Amrit Mahotsava at Arya Inter college Bongla Bahadrabad was organised on 07-05-2022. Lecture on Grishm ritu paricharya and pathya Apathya was delivered by Dr. Mayank Bishnoi.
- 14- A lecture on Menstrual hygiene and anemia was delivered on 09-05-2022 by Dr. Rashmi Agari at Vidhya Devi Memoriyal School Katarrpur, Haridwar.
- 15- A lecture on Menstrual disorder was delivered by Dr. Rashmi agari in Vidhya Devi Memoriyal School dated 10-05-2022 Katarpur, Haridwar.
- 16- Lecture was delivered by Dr. Rashmi Agari on heat stroke and Menstrual hygiene at Intermediate college Ferupur Ram khera, Haridwar. Dated 12.05.2022 .

- 17- A lecture on Leucorrhoea was delivered by Dr. Rashmi at Adarsh Inter college Khedli, Haridwar on 13.05.2022.
- 18- A Lecture on pure water and its importance was delivered Dr. Rashmi at Adarsh Inter college Khedli, Haridwar on 13.05.2022.
- 19- On 15 May 2022, A lecture on Oral hygiene and dental health was delivered by Dr Rashmi at Rishikul Vidhyapeeth Govt. Privet School No 26 Bahadrad Dr Rashmi was the resource person Principal Mrs Mamta Nagpal thanks all the visitors. Total 76 Students and 5 Staff participated.
- 20- A lecture was delivered by Dr Rashmi in Rajkiya Prathmik Vidhyalaya Tibri Haridwar on 01 June 2022 on Pathya and Apathya Aahar. Dr. Rashmi was the Resource Person. Principal Mrs Rama Vaish was the chief guest. Total 34 Students, 5 staff and 2 other staff participated.
- 21- A lecture on nail hygiene, Diarrhoea and its prevention was delivered by Dr Mayank Bishnoi at Rajkiya Prathmik Vidhyalaya No 25 Tibri Haridwar on 16.5.2022. Principal Mrs Rama Vaish was the chief guest and resource person was Dr Mayank. Total 37 Students 5 staff and 2 other staff participated in the events.
- 22- A lecture on oral hygiene was delivered by Dr Saurabh Kumar. On 28 May 2022 at Rajkiya Prathmik Vidhyalaya No 25 Tibri Haridwar. Dr Saurabh was the resource person and Dr Rama Vaish was the Chief guest. On the occasion 37 Student 5 staff and 2 other staff were present.
- 23- A lecture on Heat Strok and its prevention was delivered by Dr Rashmi in Rajkiya Ucha Prathmik Vidhyalaya – Tibri Haridwar. On 25.05.2022. Total 50 Students, 08 staff and 04 other staff were present. Mrs Ragini Gupta (Principal) was the Chief Guest while Dr Rashmi Agari was resources Person.
- 24- On dated 25.05.2022 lecture on Oral hygiene was delivered by Dr Rashmi Agari in Rajkiya Prathmik Vidhyalaya No 28 Devpura Block Bahadrad District Haridwar. Principal Incharge Mrs Manika Tyagi was the chief guest and Dr. Rashmi Agari was the Resource person. Total 72 Students 05 staff and 04 other staff were present. Importance of Herbal plants like Neem etc. was also told to them to maintain oral hygiene
- 25- On dated 21.05.2022 lecture on Oral Hygiene and dental Health was delivered by Dr. Rashmi Agari in Rishikul Vidya Peeth Govt. Primari School, No 26 Block Bahadrad. In the program total 76 students 05 staff and 02 other staff were present. Principal Mrs. Mamta Nagpal, welcome the team. In the program chif guest was Mrs. Mamta Nagpal and recourse person was Dr. Rashmi Agari.
- 26- On 17.05.2022 Dr. Rashmi Agari delivered a lecture on menstrual dysfunction in rashtriya Inter College, Rohalaki Bahadrad. Principal Mr. Ram Kumar Chauhan welcome the team and Dr. Rashmi was the resource person. In the event 56 students 21 staff and 14 other staff were participated.
- 27- Lecture on Grishm Ritu Charya was delivered by Dr. Rashmi Agari in Arya Inter College, Bongla, Bahadrad on 02.06.2022 on the occasion import of water, minerals and cleaning of our hands were also taught to them.

Principal Vijendra Singh was the chief guest and Dr. Rashmi Agari resource person in the event 35 staff 15 other staff and 30 students were present.

- 28- On 11.05.2022 a lecture on Grishym Ritu Charya was delivered by Dr. Mayank Bishnoi in Rishikul Vidya Peeth Govt. Primary School, 26 Bahadrabad. On occasion importance of Grishm Ritu Charya, use of fresh seasonal foods were also told to them. Principal Mrs. Mamta Nagpal was the Chief guest. Total 62 Students, 05 staff and 02 other staff participated.
- 29- On 17.05.2022 Sanitary Pad were distributed in Rashtriya Inter College Rohalaki, Bahadrabad. Principal Ram Kumar Chauhan welcome the team. Total 56 students, 31 staff and 14 other staff were present. Dr. Rashmi Agri was resource person.
- 30- On 17.05.2022 Dr. Rashmi Agari delivered a lecture on menstrual dysfunction in rashtriya Inter College, Rohalaki Bahadrabad. Principal Mr. Ram Kumar Chauhan welcome the team and Dr. Rashmi was the resource person. In the event 56 students 21 staff and 14 other staff were participated.
- 31- On dated 21.05.2022 lecture on Oral Hygiene and dental Health was delivered by Dr. Rashmi Agari in Rishikul Vidya Peeth Govt. Primari School, No 26 Block Bahadrabad. In the program total 76 students 05 staff and 02 other staff were present. Principal Mrs. Mamta Nagpal, welcome the team. In the program chif guest was Mrs. Mamta Nagpal and recourse person was Dr. Rashmi Agari.
- 32- On dated 25.05.2022 lecture on Oral hygiene was delivered by Dr Rashmi Agari in Rajkiya Pratmik Vidhyalaya No 28 Devpura Block Bahadrabad District Haridwar. Principal Incharge Mrs Manika Tyagi was the chief guest and Dr. Rashmi Agari was the Resource person. Total 72 Students 05 staff and 04 other staff were present. Importance of Herbal plants like Neem etc. was also told to them to maintain oral hygiene
- 33- On 16-05-2022, A Lecture on menstrual disorder was delivered by Dr Rashmi Agari at Adarsh Inter College Khedli Haridwar. On the occasion, Iron and Folic Acid Tablets were also distributed. Resource person was Dr Rashmi Agari and Vinod Chauhan (principal) was the Chief guest. Principal delivered thanks to all. Total 18 Staff 04 other staff and 65 Students was present.
- 34- On dated 21.05.2022 Tooth Brushes were Distributed in Rajkiya Pratmik Vidhyalaya No 28 Devpura Block Bahadrabad District Haridwar. Principal Incharge Mrs Manika Tyagi was the chief guest and Dr. Saurabh Kumar was the Resource person. Total 75 Students 05 staff and 04 other staff were present. On the Occasion, importance of mouth washing and regular brushing was also taught.
- 35- On 19.05.2022 tooth brushes were distributed in Govt. Primary school bahadrabad. Principal Mrs. Mamta Nagpal was the chief guest and Dr. Saurabh Kumar was the resource the person. Total 76 students 05 staff and 02 other staff were present.
- 36- On dated 10th August 2022, Tree Plantation was done in the campus by the student & staff. On the occasion, many medicinal plants were planted.

Secretary, Dr Rakam Singh taught to them about the importance of tree Plantation.

- 37- On Dated 12th August 2022, Swacchata Abhiyan was performed in the Village BELDA. Before That, a Rally " HER GHER TIRANGA " was also organised in the same village by the Staff, Student and Management of the college. All student and Staff marched with flag in the village..
- 38- A lecture on Oral Hygiene was delivered by Dr Rashmi Agari at Diksha Public School, Dhanori, Roorkee on 28 July 2022. Principal, Ram Kumar Chauhan was the chief Guest. Total 45 Student, 16 staff and 4 other staff participated.
- 39- On 29 July 2022, a lecture was delivered by Dr Mayank Bishnoi at Diksha Public School , Dhanori, Roorkee on Typhoid and its prevention. Total 45 Student, , 16 staff and 4 other staff participated. Principal Ram Kumar Chauhan welcomed the team.
- 40- A lecture on Varsha Ritu Charya , was delivered by Dr Saurabh on 30 July 2022 in Diksha Public School, Dhanori- Roorkee . Total 45 Student, , 16 staff and 4 other staff participated. Principal Ram Kumar Chauhan welcomed the team.
- 41- Orientation program on prevention of corona Virus was arranged in Rajkiya Prathmik Vidhyalaya No. 26 Bahadrad on 01-08-2022. On the occasion mask were also distributed. Dr. Mayank Bishnoi was the resource person. Principal Smt. Mamta Nagpal was the chief guest. Total 72 Student, 6 Staff and 2 other Staff participated in the event.
- 42- An Orientation program on prevention of water born disease in rainy season was organised at Rajkiya Prathmik Vidhyalaya, No. 20 Bahadrad on 03-08-2022. Principal Mamta Nagpal was the Chief Guest. Total 72 Student, 6 staff and 2 other staff participated in the event.
- 43- On 03-08-2022 Orientation program on personal hygiene with ORS distribution was organised at Rajkiya Prathmik Vidhyalaya, No.--26 Bahadrad Khand. Total 72 Students Five Staff and three other staff were present. Dr Mayank Bishnoi was the resource person . Smt Mamta Nagpal (Principal) was the chief guest.
- 44- On 5th August 2022, an orientation program on Diarrhoea and its prevention was arranged in Thakur Ilam Singh Memorial School, , sector 6, Bahadrad . On the Occasion, Lecture was delivered By Dr Rashmi. Principal Mrs. Vandana Singh was the Chief guest. Total 45 Student, 16 Staff And 4 other staff were present

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